



ECCD 2015, Brno 29.-30.5.

**LIFE WITHOUT LIMITS – Intensifying
international cooperation**

3 Dec 2012 – 2 Dec 2014

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Project aiming

1. Comparison of the observance of the international Charter of Ostomy Rights
 - Pre-operative care
 - Follow-up care
2. Consultancy
3. Cooperation with employers of people with disabilities
 - Return of ostomates to work

Cooperation within the project

1. Ostomates association in the Czech Republic
2. Czech nurses association – ostomy nurses
3. Foreign partners – SLOVILCO, Deutsche ILCO
4. Employers of people with disabilities



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What is the same in Germany, Slovakia, and the Czech Republic

- Well-organised groups of ostomates
- Volunteers helping new ostomates
- Sufficient selection of ostomy aids
- Accessible aids for ostomates
- Surgeries covered from health insurance



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What is different in Germany from the Czech Republic

- Every ostomate receives as many aids as he/she really needs (solidarity system)
- Well-organised care for ostomates, incl. pre-operative as well as follow-up care
- Cooperation contracts between Deutsche ILCO and Darmzentrum (an intestine surgery centre)
- Contracts between Deutsche ILCO and rehabilitation centres
- Ostomy nurses seeing ostomates discharged from hospital at their homes
- Standards of care for oncologic patients and ostomates defined in a binding directive - guideline (since 2013)

What is different in Slovakia from the Czech Republic

- powerful Council of doctors at SLOVILCO
- Statistics recording numbers and reasons for ostomy
- Groups of ostomates formed with the help of nurses and doctors
- Social benefits for ostomates, disability ID's, compensations for hygiene, diet. Petrol allowance for those ostomates dependent on individual transport. Housing adaptation (nonslip floors, bathroom adaptation)
- Dens network of regional ostomate groups



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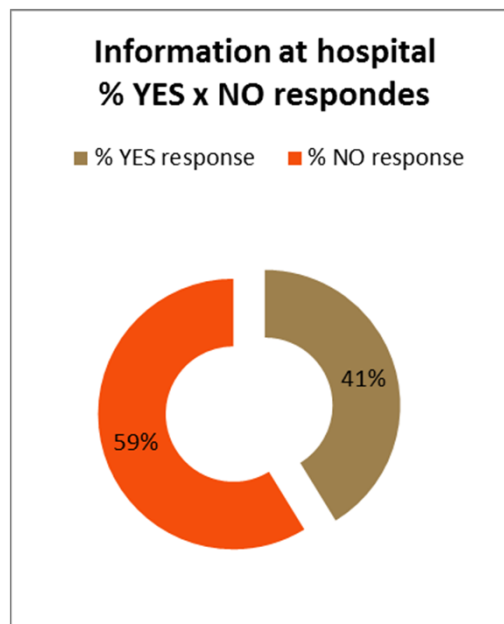
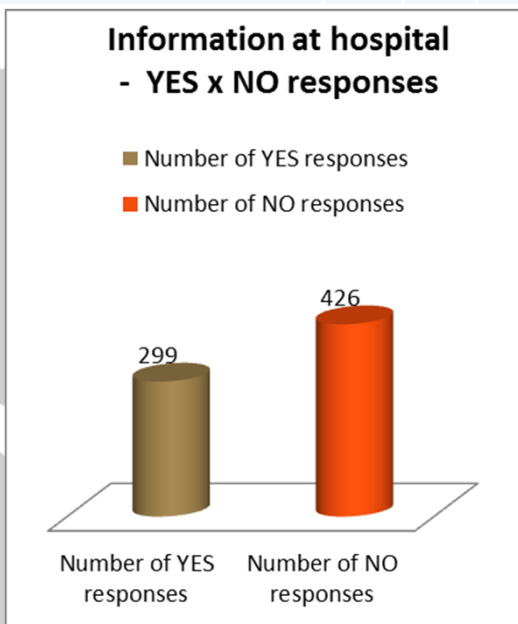
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Postoperative care Questionnaires Czech republic

Information at hospital (ostomy urse)

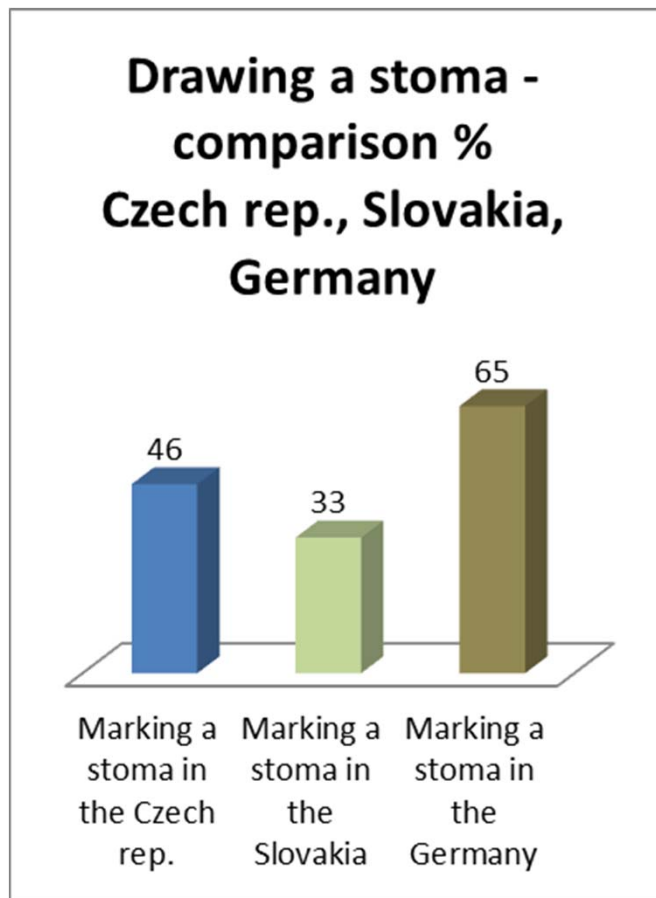
(recomending a suitable appliance, demonstration of the appliances (changing), information on the appliances availability, information on ostomates associations, information on home care possibilities

YES x NO responses	number	725	%
Number of YES responses	299		
Number of NO responses	426		
% YES response	299		41
% NO response	426		59



Comparison of stoma drawings

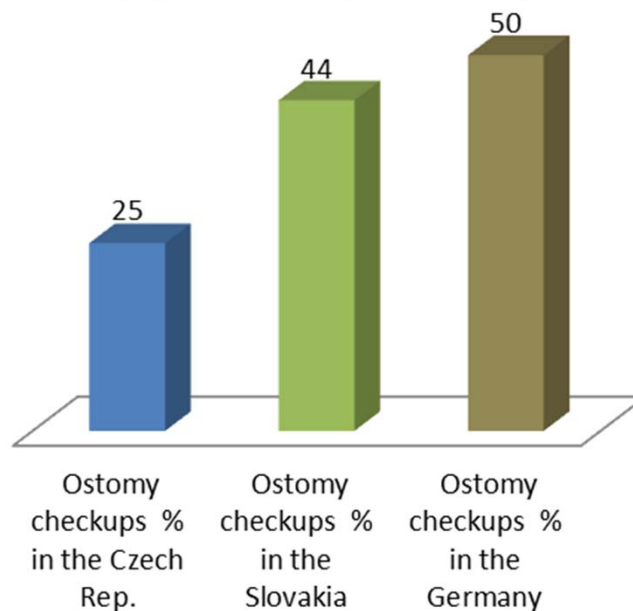
Marking a stoma in the Czech rep.	46
Marking a stoma in the Slovakia	33
Marking a stoma in the Germany	65



Comparison of postoperative care

Ostomy checkups % in the Czech Rep.	25%
Ostomy checkups % in the Slovakia	44%
Ostomy checkups % in the Germany	50%

Regular annual checkups - comparison % in the Czech rep., Slovakia, Germany



Outputs of the projects

- In project participants 346 Czech people
298 ostomates, 43 nurses, 5 doctors
- 52 ostomates from Slovakia
- 62 ostomates from Germany

- Manuals for ostomates, employers and medical,
Final reports

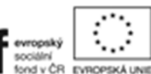
- Book At' žijí stomici – Long Live Ostomates

- 7 ostomates found employment with our help

Thank you for your attention

Marie Ředinová

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