ECCD 2015, Brno 29.-30.5.

LIFE WITHOUT LIMITS – Intensifying international cooperation

3 Dec 2012 – 2 Dec 2014
CZ.1.04/5.1.01/77.00349
Project aiming

1. Comparison of the observance of the international Charter of Ostomy Rights
   - Pre-operative care
   - Follow-up care

2. Consultancy

3. Cooperation with employers of people with disabilities
   - Return of ostomates to work
Cooperation within the project

1. Ostomates association in the Czech Republic
2. Czech nurses association – ostomy nurses
3. Foreign partners – SLOVILCO, Deutsche ILCO
4. Employers of people with disabilities
What is the same in Germany, Slovakia, and the Czech Republic

- Well-organised groups of ostomates
- Volunteers helping new ostomates
- Sufficient selection of ostomy aids
- Accessible aids for ostomates
- Surgeries covered from health insurance
What is different in Germany from the Czech Republic

- Every ostomate receives as many aids as he/she really needs (solidarity system)
- Well-organised care for ostomates, incl. pre-operative as well as follow-up care
- Cooperation contracts between Deutsche ILCO and Darmzentrum (an intestine surgery centre)
- Contracts between Deutsche ILCO and rehabilitation centres
- Ostomy nurses seeing ostomates discharged from hospital at their homes
- Standards of care for oncologic patients and ostomates defined in a binding directive - guideline (since 2013)
What is different in Slovakia from the Czech Republic

- Powerful Council of doctors at SLOVILCO
- Statistics recording numbers and reasons for ostomy
- Groups of ostomates formed with the help of nurses and doctors
- Social benefits for ostomates, disability ID’s, compensations for hygiene, diet. Petrol allowance for those ostomates dependent on individual transport. Housing adaptation (nonslip floors, bathroom adaptation)
- Dens network of regional ostomate groups
Postoperative care Questionnaires
Czech republic

Information at hospital (ostomy nurse)
(recomending a suitable appliance, demonstration of the appliances (changing), information on the appliances availability, information on ostomates associations, information on home care possibilities)

<table>
<thead>
<tr>
<th>YES x NO responses</th>
<th>number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of YES responses</td>
<td>299</td>
</tr>
<tr>
<td>Number of NO responses</td>
<td>426</td>
</tr>
<tr>
<td>% YES response</td>
<td>299</td>
</tr>
<tr>
<td>% NO response</td>
<td>426</td>
</tr>
</tbody>
</table>

Information at hospital - YES x NO responses

Number of YES responses 299
Number of NO responses 426

Information at hospital % YES x NO respondes

% YES response 41%
% NO response 59%
Comparison of stoma drawings

Marking a stoma in the Czech rep. 46
Marking a stoma in the Slovakia 33
Marking a stoma in the Germany 65
Comparison of postoperative care

| Ostomy checkups % in the Czech Rep. | 25% |
| Ostomy checkups % in the Slovakia   | 44% |
| Ostomy checkups % in the Germany    | 50% |

Regular annual checkups - comparison % in the Czech rep., Slovakia, Germany
Outputs of the projects

- In project participants 346 Czech people
  298 ostomates, 43 nurses, 5 doctors
- 52 ostomates from Slovakia
- 62 ostomates from Germany

- Manuals for ostomates, employers and medical, Final reports
- Book Ať žijí stomici – Long Live Ostomates
- 7 ostomates found employment with our help
Thank you for your attention

Marie Ředinová
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